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Finally Me!: Thanks To Vertical Sleeve Gastrectomy



Synopsis

Being fat sucks! There is nothing worse than feeling depressed, invisible and feeling like there is nowhere to go. But guess what? There is a solution.Â It's called Vertical Sleeve Gastrectomy (VSG) and it truly works. You can have a life that you have always dreamed of. Finally Me! will show you how to get there, what to expect and how to become excited to finally LIVE. If you are considering weight loss surgery, you are probably at the end of your rope and wondering if VSG surgery or some other type of weight loss surgery is right for you. You are not alone.Â Alicia Hill-Marceau started her weight loss journey at 321 pounds. In Finally Me! she documents exactly what she did to lose 132 pounds, including what she needed to do before, during and after vsg surgery. She writes in such an honest and captivating way that you won't be able to put the book down once you pick it up. Based on her years of blogging, Finally Me! is a raw and honest look at weight loss from someone who was once morbidly obese. This book will motivate you, encourage you and hopefully push you to take action.Â If you want the inside scoop on weight loss surgery from someone who has done it and lost 132 pounds, this book is for you. It is not easy, and it requires a lot of work, sacrifices and tough choices, but as Alicia Hill-Marceau says, it's worth it to have the life you've always dreamed of.

Book Information

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Customer Reviews

Alicia Hill-Marceau started her weight loss journey at 321 pounds. In Finally Me! she documents exactly what she did to lose 132 pounds including before and after her weight loss surgery. She is a working mom of two active boys. Her book, Finally Me! is written in such an honest and captivating way that you won't be able to put the book down once you pick it up.

What an amazing book!!! I read it in two sittings and loved every bit of it. As I read Alicia's story, her words were so familiar to my life. I have marked so many things in the book so I can go back and read when I need that reminder. It is wonderful seeing how her journey has lead her to a place of freedom and feeling like the true Alicia! Thank you so much for writing this book!

Such an inspiring and real book! Alicia writes such an amazing book! If you are anywhere the process of weight loss surgery, or even thinking about it, you will relate! Highly recommend!

Just finished your book! Best book ever! Could not put it down!!! Thank you!

Well Alicia I just read your book in one day, spread over two sittings. It was so easy to read as you are an exception writer. I did not want to put it down, nor did I want it to end as it was such a sad but at the same time a happy story. I could feel your happiness coming through in the words you penned onto paper. I am so happy you decided to fight for the life you deserve. I know it must have been a constant struggle to lose the weight. I am only trying to lose 10 pounds and that seems hard enough. As your book came to an end I must admit that I teared up, mostly because I am proud of what you have accomplished, and that you finally became the you that you are proud to be. Well done. Not only did you do it for yourself, you also wrote this book to help others benefit from your experience. I am sure this will touch many people.

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